

**Summary of recommendations of the Independent Review of Adult Disability Payment**

The key recommendations from the review are:

**Mobility**

* Remove the 20-metre rule and adopt a more realistic, holistic assessment.
* Extend the threshold to 50 metres or more to better reflect real mobility needs.
* Replace the points-based system with an outcomes-focused model.
* Account for fluctuating and invisible conditions like fatigue and pain.

**Application**

* Simplify forms using plain language.
* Improve access to early support and advocacy.

**Decision-Making**

* Enhance transparency, consistency, and fairness.
* Prioritise lived experience in policy and practice.
* Train decision-makers to apply outcomes-based decisions.

**Lived Experience & Co-Production**

* Ensure meaningful input from disabled people, not tokenism.

**Conditionality**

* Remove new barriers to employment.
* Reduce unnecessary eligibility checks.
* Shift from compliance to person-centred, supportive policies.

**Eligibility Criteria**

* Move beyond the points system to reflect real-life impact and lived experience.
* Recognise invisible and fluctuating conditions, including mental health.
* Focus on societal barriers, not just functional ability.
* Train staff to apply criteria holistically and flexibly.
* Include dignity, autonomy, and participation in criteria.
* Co-produce criteria changes with Disabled People’s Organisations.

**Support & Access**

* Increase awareness of available support.
* Strengthen outreach to marginalised groups.

**Financial**

* Safeguard eligibility and uphold Adult Disability Payment as a rights-based entitlement.
* Avoid budget-driven restrictions that reduce access.

If you need more information or information in another format, please contact us on **info@inclusionscotland.org** or by calling **0131 370 6700**.